

Successful Yoga Prana Vidya (YPV) Healing of a Case of B-cell Lymphoma as Complementary Therapy to Chemotherapy

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ABSTRACT

Introduction: The Yoga Prana Vidya (YPV) System of energy healing therapy is known to be successful as Complementary and Alternative Medicine (CAM) in the treatment of several diseases including cancer to overcome trauma and side effects of cancer treatment. Previous studies show evidence of successful YPV therapy as complementary in the healing cases of Hodgkin Lymphoma, breast cancer, and esophageal cancer. This study presents a case of B-cell Lymphoma of a 59-year-old male healed successfully using YPV as complementary therapy helping the patient overcome trauma and side effects from chemotherapy treatment.

Method: This study uses a case study method, collecting data from patient medical records, YPV healers' records, and patient feedback. The YPV intervention, conducted for 5 ½ months, included the patient practicing daily breathing exercises, forgiveness sadhana, and Divine group healing sessions of 15 min each, two 40 min healing sessions, which included YPV psychotherapy, infection control, and cancer control protocols.

Results: After 4 cycles (against the planned 8 Cycles) of intense high-dose chemotherapy, the PET SCAN found drastic changes, and 80-90% of cancer cells and tumors shrank. YPV healing enabled avoiding side effects from chemotherapy on kidneys. The patient healed and recovered faster by being positive and gained excellent willpower through YPV healing.

Conclusions: The integrated and holistic YPV healing system has worked well as a complementary therapy in this case of B-cell Lymphoma with faster recovery without any side effects for the patient. Further research using appropriate samples and methodology is recommended.

Keywords: B-cell Lymphoma, Cancer treatment, Yoga Prana Vidya System®, YPV®

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