

## **From Brain Repair to COVID-19 Treatment via Coordination Dynamics Therapy (CDT)**

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*Published August 20, 2020*

### **ABSTRACT**

There are 3 steps to fight against COVID-19 infections. First, to avoid an infection. Second, to improve lung functioning to reduce the risk of an infection. Through improving the pulmonary epithelia, especially by keeping the pH-value of the surfactant at 5, this first protective shield can stop low concentration of COVID-19 viruses to enter the body. Third, by strengthening the immune system, to fight optimally against the infection. CDT works on all three infection treatments, but especially on the improvement of the first protective shield, the lung epithelia.

It has been shown that CDT can improve stroke, spinal cord injury, cerebral palsy, cancer, cardio-vascular performance and other diseases through repairing and improving the central nervous system (CNS) functioning. Since the nervous system is involved in nearly all body functions, including the lung, nervous system training (CDT) will improve lung functions to protect better against infection and to repair lung functioning in the infected case. When exercising coordinated arm leg and trunk movements on a special CDT device in the lying position, the breathing is enhanced and the ciliated epithelia will transport infected mucus, particles and other foreign particles to the pharynx, where it is coughed up by the patient. Because simultaneously, the cardio-vascular performance is improved in the short-term memory, the risk of a thrombosis and heart attack, caused by the infection, is reduced. Also, other disease, which elderly patient may have, will be treated simultaneously.

The COVID-19 infection is a medical problem. The out-of-date mainstream medicine and out-of-date mainstream medical (human) research caused a world crisis by stopping new medical developments. Through breathing clean air with a negative ionization and exercising on a special CDT device, many infected patients may not have died and the attack of basic human rights unnecessary. Because of not using movement-based repair for lung functioning improvement in the physiologic and pathologic case, the pandemic is partly self-made. Apart from virology and epidemiology, the application of expert knowledge is forbearer.

**Keywords:** Coordination Dynamics Therapy, COVID-19, Immune system, Infection, Pandemic

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**Citation:** Schalow G. (2020) From Brain Repair to COVID-19 Treatment via Coordination Dynamics Therapy (CDT). J Infect Dis Res, 3(S2): 7.

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