

Women Health and Nursing

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ABSTRACT

Primary caretaker of children and elders in every country of the world are women.

This abstract is going to reveal some general health issue and nursing of women. Are women getting proper care during health problem. The main purpose of this research is to study the women health and nursing. Result will help women to understand to health problem and catcher eye finding going to open new door for further research so can government take important step regarding women.

Some general health issue which women suffering are anxiety, depression, diabetic, thyroid-hyper and hypo, about mensuration cycle, menopause. Heart attack which is more than men in women. Women facing different type problem during pregnancy. Abortion is a big problem in every country and due to abortion women get many health problems.

Key issue in nursing: Safety on the job, Mandatory overtime, Self-care, Work place violence, Poor treatment from patient, Changing technology, Lack of nurses

Method: A systematic review - A review of the evidence on the clearly formulated question that uses systematic and explicit methods to identify, select and critically appraise relevant primary research and to extract and analyze data from the studies that are included in the review.

Recommendation: Self-care is more important, visit your doctor every year, make physical activity. Government should take step regarding issue in nursing which facing nurses every country. Patient should be cooperative and understanding if they are able create an international body for observing women health issue and challenges of nurses which is in every country. Health facilities are not gender sensitive and lack of psycho-social counseling service and women medical practitioner in rural areas.

Keywords: Health problem, Nursing, Women, Government

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