

The Biomedical Potentials of Metabolites Synthesized by Microalgae

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Review

A future science of tiny microorganism plays a vital role in biomedical research specifically emphasizing the microalgae. They are photosynthetic unicellular (prokaryotic and eukaryotic) organisms that play a key role in fresh and marine habitats [1]. In the last several decades, microalgae have produced various applications in pharmaceutical and nutraceutical industries owing to the presence of several primary and secondary metabolites such as glycolipids, vitamins, pigments, proteins, fatty acids, and polysaccharides [2,3]. The recent scientific progress from worldwide making effort in the area of microalgal biotechnology has been undertaken, including genetic engineering to modify the strains of microalgae, stress induced production of secondary metabolites using various chemicals [4,5] and different stress conditions to enhance the species to produce more bioactive compounds and biofuel [6]. Bio-medical applications of microalgae can prevent Alzheimer's disease, Parkinson's disease, coronary heart diseases, prostate cancer, lung cancer, colon cancer, breast cancer, and other chronic diseases. The commercially used microalgal chemicals include β -carotene, lutein, canthaxanthin, fucoxanthin, phycoerythrin, astaxanthin, lutein, zeaxanthin and lycopene. Several previous reports have also shown the carotenoid contents of different strains of microalgae including *Haematococcus pluvialis*, *Nannochloropsis gladitana*, *Dunaliella salina*, *Dunaliella bardawil*, *Dunaliella kona*, *Spirulina platensis*, *Arthrospira species* and *Chlorella zofingiensis* [7-10].

Polyunsaturated fatty acids (PUFAs) are found in microalgal cells. They are naturally synthesized by microalgae. Omega-3 and omega-6 fatty acids include γ -linolenic acid (GLA, C18:3, n-6), α -linolenic acid (ALA, C18:3, n-3), eicosapentaenoic acid (EPA, C20:5, n-3), docosahexaenoic acid (DHA, C22:6, n-3), arachidonic acid (AA, C20:4, n-6). They are important components of human development. As they cannot be synthesized by mammalian cell, they are

essential nutrients and provided through the diet. PUFAs are important for the function of cerebral cortex, skin, sperm, testicles and retina, and they could reduce the risk of heart disease. Data from previous reports revealed, the most common microalgae used in the production of rich PUFA are *Porphyridium cruentum*, *Cryptocodinium cohnii*, *Phaeodactylum tricornutum*, *Nannochloropsis oculata*, *Phaeodactylum tricornutum*, *Chlorella vulgaris*, *Schizochytrium sp*, *Chlamydomonas variabilis* and *Porphyridium cruentum* [11-16].

Microalgae are considered today an important potential raw material for the production of a variety of products, and they are useful in human nutrition, health and pharmaceutical products. Based on their bioactive properties, this review will summarize the potential use of microalgae-derived compounds to treat metabolic dysfunction and hopefully contribute to the discovery of novel use of the bioactive compounds for the treatment of human diseases and the application in microalgal biotechnology.

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Table 1. Compounds obtained from microalgae and their biological activities

Species	Activity	Compound	References
<i>Haematococcuspluvialis</i>	Anticancer	Astaxanthin	[17]
<i>Dunaliella tertiolecta</i>	Antiproliferative	violaxanthin	[18]
<i>Chlorella stigmatophora</i>	Anti-inflammatory	Polysaccharide	[19]
<i>Chlorella pyrenoidosa</i>	Antitumor	Polypeptide	[20]
<i>Porphyridium cruentum</i>	Antitumor	Polysaccharide	[21]
<i>Calothrix</i> sp.	Anticancer	Quinones	[22]
<i>Isochrysis galbana</i>	Antioxidant	Polysaccharide	[23]
<i>Spirulina maxima</i>	Anti-hyperlipemic	α -linolenic acid	[24]
<i>Porphyridium cruentum</i>	Antiviral	Polysaccharide	[14]
<i>Odontellaaurita</i>	Antioxidant	fucoxanthin	[9]
<i>Rhodella reticulate</i>	Antioxidant	Polysaccharide	[25]
<i>Lyngbya majuscula</i>	Anticancer	Amides	[26]
<i>Graesiella</i> sp.	Antiproliferative	Polysaccharide	[27]
<i>Dunaliella salina</i>	Anticancer	β -carotene	[28]
<i>Navicula directa</i>	Antiviral	Polysaccharide	[29]
<i>Spirulina maxima</i>	Anticarcinoma	α -tocopherol	[30]
<i>Porphyridium cruentum</i>	Anti-HBV	Polysaccharide	[31]
<i>Chlorella ellipsoidea</i>	Anti-inflammatory	violaxanthin	[32]
<i>Nannochloropsisoculata</i>	Anti-inflammatory	DPA	[33]
<i>Tetraselmis</i> sp.	Anti-angiogenic	EPA	[34]

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