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**APPENDIX**

Construct Scales

<b>Benign Envy</b>	Source: de Ven [37]	Cronbach's alpha = .761
	Viewing Maya's post makes me intend to visit Paris in the near future.	
	I would take Paris into consideration when planning for my future holidays.	
	Viewing Maya's post makes me have the desire to visit Paris in the near future.	
	I will work hard to get the opportunity to travel to Paris in the future.	
	I would like to compliment (via "thumbs up like" or comment) Maya's post.	
	Viewing Maya's post makes me envy her.	
<b>Malicious Envy</b>	Source: Lange and Crusius [24]	r=.536; p<.001
	I feel ill will towards Maya	
	I tend to dislike Maya	
<b>Self-esteem</b>	Source: Morris [38]	Cronbach's alpha = .901
	On the whole, I am satisfied with myself.	
	At times I think I am no good at all.	
	I feel that I have a number of good qualities.	
	I am able to do things as well as most other people.	
	I feel I do not have much to be proud of.	
	I certainly feel useless at times.	
	I feel that I'm a person of worth.	
	I wish I could have more respect for myself.	
	All in all, I am inclined to think that I am a failure.	
	I take a positive attitude toward myself.	