

To See the Effect of Parenting Daily Hassles During Covid-19 Pandemic in Indian Context: A Pilot Study

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ABSTRACT

Parenting in the time of Covid 19 pandemic was specifically taxing as parents find themselves in a difficult situation with young, energetic and active children locked down within the house. The study was “To see the effect of parenting daily hassles during Covid-19 pandemic in Indian context”. Sixty subjects were selected as per inclusion and exclusion criteria. Parenting daily hassles scale was used to find the intensity and frequency of daily Hassle. Study revealed that percentage of mean frequency and intensity score were 54.1% & 62.5% respectively independent sample t test was used to find the significance. Intensity has the p value of 0.00. The Daily hassle can be managed by rehabilitative personnel using various stress releasing and time management techniques.

Keywords: Parenting daily hassles, Intensity, Frequency, COVID-19 pandemic

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