

An Inhibitive Assay of Crude Proteases from Fennel, Parsley and Lemongrass for Heavy Metal Detection

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Received December 12, 2018; Accepted December 20, 2018; Published December 29, 2018

ABSTRACT

The present study was carried out to investigate inhibition of proteases extracted from the leaves of fennel, parsley and lemongrass in the presence of selected heavy metals. The activity in decreasing order for the three samples, lemongrass, fennel and parsley was 0.341 units/ml, 0.330 units/ml and 0.176 units/ml. The heavy metals selected were Fe, Cu, Cr, Co, Ag and Hg. Standard stock solutions for these heavy metals were prepared and protease inhibition studies were carried out using the principle of casein-Coomassie dye-binding. The greatest inhibition occurred on lemongrass protease and both Hg and Co had reduced activity considerably at minimum concentrations of 40 mg/L and 30 mg/L to 66.3% and 64%, respectively. EDTA increased lemongrass protease activity to 0.458 and 0.602 units/ml at 10 mM and 1 mM concentrations. Optimization of protease inhibition studies for 30 mg/L of Co and 40 mg/L of Hg was done; and then sensitivity of the enzyme to detect these heavy metals in wastewater samples was evaluated at 37°C (60 min incubation time) for cobalt and at 35°C (20 min incubation time) for mercury. The crude lemongrass protease could detect Co and Hg at minimum concentrations of 7.21 mg/L and 2.35 mg/L, respectively in environmental samples. These values were also assayed using AAS for confirmation. The data analysis showed that lemongrass protease can be used as a potential biomonitoring tool for detecting elevated toxicity levels of mercury and cobalt in wastewater samples.

Keywords: Fennel, Heavy metals, Heavy metal detection, Lemongrass, Parsley, Proteases, Protease inhibition studies

INTRODUCTION

Heavy metal pollution due to natural (weathering of rocks) and anthropogenic sources is a critical global environmental threat. Increasing industrialization has led to the release of vast number of toxic pollutants from the industrial effluents into the soil and water resources [1]. As a result of industrial intrusion, the water resources all over the world are getting depleted because 90% industries are dumping their heavy metal contaminated wastes into the adjoining water bodies without any treatment, thus posing grave threats to the ecosystem [2]. In Pakistan, as connoted from recent reports [3-5], water pollution is attaining dangerous levels due to industrial activities and pollution by heavy metals has become a grave concern because these are non-biodegradable; and hence remains in the environment [4]. The heavy metal status of River Ravi is much above the permissible standards which is severely affecting the fish population [6]. Their toxic nature is attributed to their ability to bind to an enzyme's sulfhydryl group, thereby inactivating it [7]. Any disturbance in an enzyme's activity can severely affect the functioning of that organ or tissue because of the conversion of heavy metals into their stable oxidation states and their subsequent strong chemical bonding with enzymes, resulting in enzyme inhibition and biotoxic effects in the bodies of living organisms [8].

Because of the serious damages that they impose, their use is subjected to strict international regulations.

Consequently there is a need for heavy metal detection even in trace levels has become very important [9]. The scientists are challenged to establish methods that can detect these heavy metals so that their ongoing pollution can be stopped to secure public health. Various analytical techniques such as inductively coupled plasma mass spectroscopy, chromatography, anodic stripping voltammetry and atomic absorption/emission spectroscopy are extensively used for detection because of their high sensitivity, reliability, accuracy and selectivity. However, these techniques are

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Citation: Nasir H, Nadeem N, Shahzadi A & Shah SZ. (2018) An Inhibitive Assay of Crude Proteases from Fennel, Parsley and Lemongrass for Heavy Metal Detection. *Int. J. Biopro. Biotechnol. Advance*, 4(1): 120-126.

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costly; necessitate sophisticated equipment, trained personnel to operate them and complicated pretreatment methods [10]. All of these factors demand the use and development of methods that are cheaper and easier but sensitive.

Enzymatic bioassays offer an inexpensive, reliable alternative for detecting and quantifying heavy metals with comparable selectivity and sensitivity. These are desirable because they are simple, require no complex instruments and hence, people can use them easily for preliminary analysis [11]. Recent works have focused on exploiting proteases for such bioassays because of their remarkable stability over a broad range of temperature and pH. These enzymes are primarily involved in the hydrolysis of peptide bonds in proteins to degrade them. Apart from their physiologic importance, these also play an integral role in industries and occupy 60% of the overall global demand in enzyme market [12]. Promising results were obtained for plant proteases such as bromelain, papain; and proteases extracted from tomatoes, garlic and *Coriandrum sativum* for heavy metal detection [13-17]. Due to their applicability and economic significance, much research is currently being done on different plant protease classes and vast literature is available on their biotechnological aspects.

In this work, three plants, that are a household name in Asian cooking, were selected to investigate their level of protease activity and whether they could be promising candidates for developing an inhibitive enzyme assay for heavy metal detection. The plants selected for this purpose were fennel (*Foeniculum vulgare*), parsley (*Petroselinum crispum*) and lemongrass (*Cymbopogon citratus*) belonging to the genus *Foeniculum*, *Petroselinum* and *Cymbopogon*, respectively. The characterization of their proteases has not been cited in literature. To the best of our knowledge this is the first report on evaluation of the effect of selected heavy metals on these plant proteases.

MATERIALS AND METHODS

Reagent preparation

Preparation of buffers: 50 mM sodium and potassium phosphate buffers were prepared according to standard protocols. Sodium carbonate buffer was also prepared by mixing together calculated amounts of salts. Adjustment of buffer pH was made using 1 M NaOH and 1 M HCl [18].

Preparation of Bradford reagent: 0.1 g of Coomassie brilliant blue was measured, dissolved in 50 ml of 95% ethanol and 100 ml of 85% phosphoric acid, the final volume made up to 1000 ml with distilled water, stirred overnight in a shaking incubator at 30°C, filtered with Whatman filter paper 1 and stored in dark bottles until use [19].

Preparation of casein solution: 2 g of casein powder was dissolved in 100 ml distilled water and the pH was adjusted to 8.0 using 5 M NaOH and 5 M HCl. The solution was

incubated overnight in a shaking incubator at 60°C, filtered through several layers of cheesecloth and stored in refrigerator for further use [17].

Preparation of heavy metals solutions: 1000 mg/L stock solutions of iron, chromium, silver, cobalt, mercury and copper were prepared in distilled water. Working solutions of 100 mg/L were prepared for each of the heavy metals and then 5 mg/L to 40 mg/L dilutions were prepared for inhibition studies.

Extraction of plant protease

Proteases from lemongrass, fennel and parsley were extracted using the modified method of Jiang et al. [20]. Plant leaves were taken, properly washed, chopped in fine pieces and placed in a falcon tube containing 0.5 mM sodium phosphate buffer. The falcon tube containing the chopped plant pieces was kept overnight at 4°C for two days following which the mixture was blended for 20 s and subjected to a 5 min cooling period. This cycle of blending and cooling was continued until a homogenized mix was obtained. The crude extract was kept in the refrigerator (4°C) to prevent damage. All falcon tubes were labeled accordingly. The same procedure was repeated for the three plants in triplicates.

Standard BSA and tyrosine assays were performed for each plant to estimate their protein content and enzyme activity [18].

Estimation of protease activity

Sigma's casein assay was used to evaluate protease activity of the three samples [21]. 5 ml casein incubated in a water bath at 37°C for 5 min was mixed with 0.5 ml enzyme and incubated for ten minutes. Then 5 ml TCA reagent and 0.5 ml enzyme was added and test tubes were incubated for 30 min. Following incubation, the test tubes were filtered using filter paper and 2 ml was taken of the test tubes. 5 ml sodium carbonate solution and 1 ml Folin phenol reagent was added and the solution was incubated for 30 min. Experiment was performed in triplicates for all the three samples and absorbance was measured at 660 nm using UV spectrophotometer.

Protease inhibition studies

1 ml of crude enzyme was added to 200 µl of sodium carbonate buffer followed by the addition 200 µl of heavy metal solution. A control test tube was prepared with 200 µl of distilled water. After incubation for 20 min, 600 µl of casein solution was added and then incubated for 5-7 min to allow reaction time. Then, 200 µl aliquot was withdrawn, added to a separate test tube, mixed with 2000 µl Bradford reagent, incubated at room temperature for 5 min and then absorbance was taken at 660 nm for time zero. The remaining solution was incubated at 35°C for 20 min. Then 200 µl aliquot was withdrawn and the same procedure was repeated. The difference in absorbance was calculated by

subtracting the absorbance value for sample from the absorbance value of blank [15].

The samples which gave the greatest degree of inhibition were further investigated by making five mg/L dilutions (5 mg/L, 10 mg/L, 20 mg/L, 30 mg/L and 40 mg/L). Mercury and cobalt were the heavy metals which had reduced enzymatic activity of lemongrass considerably so these were investigated by making mg/L dilutions. The studies were performed in triplicates and means were calculated.

Effect of EDTA on protease activity

The effect of an enzyme inhibitor, EDTA, on lemongrass protease was studied by pre-incubating the enzyme mixture with EDTA at final EDTA concentrations of 1 and 10 mM for 10 min at 25°C and estimating the enzyme activity using casein assay [21].

Optimization of protease inhibition studies

To obtain optimum conditions for heavy metal detection, protease inhibition assay was optimized by varying temperature and incubation time. The assay was performed at temperatures 35°C, 37°C, 40°C, 45°C, 50°C, 55°C and 60°C and; incubation times ranging from 15-60 min.

Collection of environmental samples

Waste water samples were collected from industrial outlets (tanneries and chemical industries) and the major drains of River Ravi, i.e., Mehmood Booti drain, Hudiara drain, Babu Sabu drain, Sattu katla drain, Mian Mir drain, Farrukhabad drain, Shahdera drain (left bank), Munshi hospital drain, Taj company drain, Bakar mandi drain and minor drains such as Township municipal waste drain and Children's hospital drain. Water was collected about 15-20 cm from the surface and placed in thoroughly washed bottles to which few drops of concentrated nitric acid were added.

Heavy metal determination

Digestion of samples: 10 ml of sample was mixed with a mixture of 5 ml conc. nitric acid and 5 ml conc. HCl, gently swirled and covered with watch glass for 1 h. Samples were then heated on a hot plate until the solution became clear, filtered using Whatman filter paper 1 and diluted up to 50 ml using distilled water [22].

Standard preparation: Standards of concentrations ranging from 5 mg/L to 50 mg/L were prepared from 1000 mg/L stock solutions of cobalt and mercury.

Instrumental analysis: The standards and digested samples were analyzed using Atomic Absorption Spectrophotometer (AAS) to determine heavy metal concentration.

Enzymatic bioassay

A modified method of Shukor et al. [15] was employed to test the efficiency of crude lemongrass protease in detecting mercury and cobalt in environmental samples. The assay

was performed at predetermined optimized conditions, i.e., incubation time of 60 min and 37°C for cobalt; and 20 min of incubation time and 35°C for mercury. The bioassay was carried out in triplicates.

DATA ANALYSIS

Statistical analysis of all the data was done using Microsoft Excel 2013. All data are expressed as mean \pm SEM. Moreover, the results obtained from AAS were compared with the results obtained from inhibitive protease assay to evaluate the efficacy of this bioassay.

RESULTS AND DISCUSSION

Screening of plant proteases

Protease from three plants, fennel, parsley and lemongrass was extracted. The protein content and enzyme activity of the three samples was calculated because it was important to find out which samples gave the greatest protease activity since, in order for them to be excellent choices to develop the inhibitory assay, sufficiently high protease activity is ideal [13]. The relative protein concentrations, after comparing with BSA standard, were found to be 0.38 mg/ml, 0.46 mg/ml and 0.34 mg/ml for fennel, lemongrass and parsley respectively. The protease activity determined by casein assay that uses casein as a substrate was found to be 0.330, 0.176 and 0.341 (units/ml) for fennel, parsley and lemongrass, respectively.

Protease inhibition studies

Inhibition studies with standard heavy metal solutions were carried for all three protease samples and the results are given in **Table 1**. For fennel, the greatest inhibition was caused by cobalt followed by silver and then copper. Cobalt reduced the activity to 40% whereas silver and copper reduced it to 41.8% and 51.8%, respectively. Mercury seemed to have had least effect on fennel protease, reducing activity to 60% only. The other metals didn't inhibit the enzyme significantly. This is because the Bradford reagent is unable to stain the digested casein which is less than 2 kDa. Hence, the solution remained brown for those heavy metals. The intensity of the brown color depends on the rate with which casein is broken down and the extent to which the protease activity has been inhibited. Solution turns deep blue in test tubes where the heavy metals have caused greatest inhibition [14].

Table 1. Percentage enzyme activity for each heavy metal performed on fennel, parsley and lemongrass proteases. All data are expressed as mean \pm SEM.

Heavy Metals	Percentage Activity %		
	Fennel	Parsley	Lemongrass
Cr	56.7 \pm 0.5	48.9 \pm 0.7	85.6 \pm 0.94
Hg	60 \pm 0.69	43 \pm 0.9	11 \pm 1.5
Co	40 \pm 0.73	47 \pm 1.1	12.9 \pm 2.3
Ag	41.8 \pm 1.6	55.2 \pm 0.65	34 \pm 0.52
Fe	53.3 \pm 0.98	38.9 \pm 0.77	74.2 \pm 0.98
Cu	51.8 \pm 1.3	57 \pm 0.92	74.2 \pm 1.7
Control	100 \pm 0	100 \pm 0	100 \pm 0

For parsley, it was seen that iron and mercury inhibited the proteolytic activity more as compared to other heavy metals. Iron reduced it to 38.9% and mercury to 43%. Copper and silver had the least inhibitory action and reduced the activity to only 57% and 55.2%, respectively. For lemongrass, mercury, cobalt and silver inhibited the activity to 11%, 12.9% and 34%, respectively. Chromium had the least effect and reduced the activity to 85.6% only. Iron and copper gave intermediate values in the range between 70-80%.

Since lemongrass protease had shown greatest inhibition, it was further investigated by making mg/L solutions for cobalt and mercury which had exhibited significant inhibition. Five concentrations were analyzed. The protease from lemongrass was sensitive to mg/L concentrations as low as 30 mg/L for cobalt and 40 mg/L for mercury (**Table 2**). Standard curves for percentage activities of both mercury and cobalt at different mg/L concentrations were plotted. The curves for both the metals showed a gradual decline in activity as the concentration of heavy metal increased.

Table 2: Percentage activity of lemongrass at different mg/L concentrations of mercury and cobalt. All data are expressed as mean \pm SEM.

Concentration of Cobalt and Mercury (mg/L)	Percentage Activity %	
	For Co	For Hg
5	93.5 \pm 0.4	95.2 \pm 0.5
10	87.1 \pm 0.6	91 \pm 0.3
20	74.0 \pm 0.1	82.5 \pm 0.7
30	64.0 \pm 0.7	74.5 \pm 0.1
40	56.4 \pm 0.2	66.3 \pm 0.4
Control	100 \pm 0	100 \pm 0

Effect of EDTA on protease activity

EDTA experiments with lemongrass protease showed that enzyme activity was enhanced by EDTA as it increased from 0.341 units/ml to 0.458 and 0.602 units/ml at 10 mM and 1 mM EDTA concentrations. The stimulated enzyme activity thereby indicated that the lemongrass protease is a non-metalloprotease, i.e., it lacks the presence of metals in its catalytic site. The structural rigidity of the protease [23] and the removal of traces of unknown metal ion inhibitors in the reaction mixture could have possibly contributed to the enhanced protease activity of lemongrass.

Optimization of protease inhibition studies

Since the lemongrass protease showed greatest inhibition at 40 mg/L of mercury and 30 mg/L of cobalt, so optimization of protease inhibition assay was done for these two concentrations of the respective heavy metals so as to determine the optimum temperature and incubation time at which the protease was inhibited to the maximum.

The crude lemongrass protease exhibited high protease activity in a range of 35-50°C. By varying temperature and time, optimum inhibition of the crude extract, i.e., 23.7% occurred at 37°C (60 min incubation time) for 30 mg/L of cobalt and at 35°C (20 min incubation time) for 40 mg/L of

mercury. Enzyme retained only 23% activity when inhibitive assay was performed at 60°C. This might be due to the denaturation of enzyme at a very high temperature.

Protease inhibition by environmental samples

The presence or absence of heavy metals in various samples can be detected qualitatively by the blue or brown color of the solution after performing principal inhibition assay [15]. One aspect which is rather important is that the significant color changes with Bradford reagent will only be observable if the protease activity is sufficiently high [13]. Lemongrass had given the greatest protease activity of the three plants and to test the potential of the crude lemongrass protease in detecting mercury and cobalt in wastewater samples, twelve

water samples for cobalt and five for mercury were collected from different sources in and around Lahore, Pakistan. These were selected because maximum inhibition of lemongrass protease was found at high concentrations, i.e., 30 mg/L of cobalt and 40 mg/L of mercury.

The samples were analyzed using protease inhibition assay at the optimum conditions determined for both mercury and cobalt. All the samples for cobalt gave positive inhibitory results while only two of the five samples for mercury gave positive results. Heavy metals associate themselves with the sulfur present in the protease and cause enzyme inhibition [7]. The maximum percentage of inhibition on lemongrass protease with these samples was 56% for cobalt and only 3.5% for mercury (**Figure 1**).

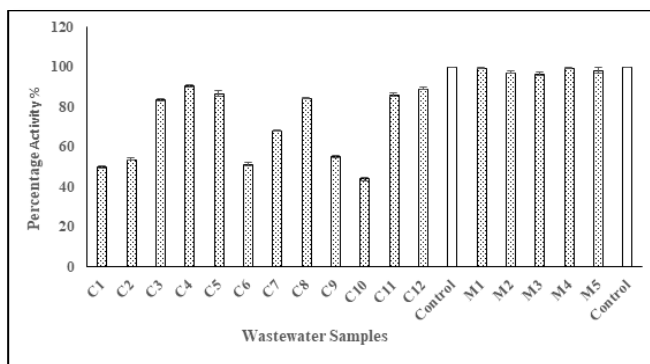


Figure 1. The effect of wastewater samples on the percentage activity of lemongrass protease.

Data is generated using Microsoft Excel 2013. All data are expressed as mean ± SEM

The percentage activities of the protease were plotted in the standard curves generated for mercury and cobalt to determine the concentration of the respective heavy metals (in the samples) detected by inhibition assay. The crude enzyme showed sensitivity towards heavy metals in the samples, detecting as low as 7.21 mg/L and 2.35 mg/L of

cobalt and mercury, respectively. The highest concentrations of cobalt and mercury detected by inhibitive assay were 52.24 mg/L and 3.23 mg/L comparable to 54.26 mg/L and 4.35 mg/L, respectively, determined by AAS (**Tables 3 and 4**).

Table 3. Percentage activity of lemongrass protease and comparison of concentration of mercury in each sample determined by inhibitive assay and AAS.

Wastewater sample code	Sampling Site	Percentage activity at optimized conditions	Concentration of Mercury detected via	
			Inhibition assay (mg/L)	AAS (mg/L)
M1	Children’s Hospital drain	99.5 ± 0.45	-0.38 ± 0.56	n.d
M2	Township Municipal waste drain	97.3 ± 0.5	2.35 ± 0.62	2.55
M3	Sitara Chemicals	96.6 ± 0.8	3.23 ± 0.99	4.35
M4	Mehmood Booti drain	99.5 ± 0.39	-0.38 ± 0.47	n.d
M5	Kotlakhpat drain	98.4 ± 1.6	0.98 ± 1.99	n.d

n.d: not detected

Table 4. Percentage activity of lemongrass protease and comparison of concentration of Cobalt in each sample determined by inhibitive assay and AAS.

Wastewater sample code	Sampling Site	Percentage activity at optimized conditions	Concentration of Cobalt detected via	
			Inhibition assay (mg/L)	AAS (mg/L)
C1	Taj Company drain	50 ± 0.59	46.9 ± 0.5	50.02
C2	Bakar mandi drain	53.8 ± 0.7	42.7 ± 0.68	45.04
C3	Mehmood Booti drain	83.5 ± 0.56	13.96 ± 0.54	14.48
C4	Munshi Hospital drain	90.46 ± 0.67	7.21 ± 0.65	9.49
C5	Sattu katla drain	86.7 ± 1.2	10.85 ± 1.17	12.11
C6	Babu sabu drain	51.38 ± 0.7	45.09 ± 0.67	47.4
C7	Tannery (Bating)	68 ± 0.4	28.98 ± 0.32	31.57
C8	Mian Mir drain	84.3 ± 0.38	13.18 ± 0.32	15.73
C9	Farrukhabad drain	55.25 ± 0.58	41.34 ± 0.56	43.27
C10	Shahdera drain	44 ± 0.9	52.24 ± 0.86	54.26
C11	Hudiarra drain	86.01 ± 0.9	11.5 ± 0.89	11.74
C12	Tannery (Soaking)	89.2 ± 0.6	8.43 ± 0.58	9.74

The results of inhibition assay were compared with those obtained from AAS for validation (**Tables 3 and 4**). The results from AAS showed that the samples were highly contaminated with cobalt and mercury, the values exceeding their maximum permissible limit, i.e., 0.001 mg/L and 0.05 mg/L for mercury and cobalt, respectively [24,25].

Lemongrass protease exhibited reduced sensitivity towards mercury as compared to proteases from tomato, *Coriandrum sativum*, garlic, papaya and pineapple [13-17]. However, estimation of mercury in wastewater samples demonstrated comparable values to those determined using AAS. Thus, illustrating a significant interrelationship between mechanical method and inhibition assay. Therefore, an inhibitive bioassay can be developed using lemongrass protease for routine detection of mercury and cobalt in environmental samples for the biomonitoring and control of ongoing heavy metal pollution.

CONCLUSION

The inhibition study based on the binding of casein with Coomassie dye conducted for the six heavy metals showed that both fennel and parsley gave intermediate inhibitions within the range of 40-70% while lemongrass, having the greatest activity, exhibited the highest inhibition as both mercury and cobalt had reduced its activity to 11% and

12.9% respectively at 1000 mg/L. Further analysis of the protease from lemongrass revealed its sensitivity to be at 30 mg/L of cobalt and 40 mg/L of mercury. This will be useful as an assay in regions that exhibit levels in this range or higher when compared to safe levels. Inhibition studies with wastewater samples at optimized parameters showed positive results that were further confirmed by AAS. Therefore, crude lemongrass protease, combined with its activity over a broad range of temperature, can be a potential candidate for detecting elevated levels of mercury and cobalt at a minimum concentration of 2.35 mg/L for mercury and 7.21 mg/L for cobalt in various environmental samples. Further characterization and purification will help in improving the sensitivity of lemongrass protease towards selected heavy metals.

ACKNOWLEDGEMENT

This project was supported by funds from Kinnaird College for Women, Lahore, Pakistan.

CONFLICT OF INTEREST STATEMENT

The authors declare that there is no conflict of interest regarding the publication of this paper.

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